

Different Lip Asymmetry in Adults Who Stutter: Electromyographic Evidence during Speech and Non-Speech

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Key Words

Asymmetry · Cerebral laterality · Electromyography · Lips · Speech · Stuttering

Abstract

The present study examined whether abnormal cerebral control was evident in the lip movements of adult stutterers (AS) compared to non-stutterers (ANS), as demonstrated during speech and non-speech tasks. Electromyographic (EMG) activity during production of words with initial /f/ and /p/ phonemes, single-sentence production and lip pursing were measured. Differences between AS and ANS were evident in all tasks. For AS, the highest EMG amplitude was in the region of the left lower lip, which is indicative of greater right hemisphere participation. However, in ANS the right lower lip displayed the highest EMG amplitude, suggesting greater left hemisphere participation. Further, AS showed greater asynchronous lip activity than ANS for all tasks. These results support the hypotheses of reversed lateralization for speech and non-speech processing and reduced coordination of speech musculature in AS.

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Introduction

Cerebral Anomalies Related to Stuttering

The Orton-Travis theory developed in the late 1920s suggested that stuttering was a consequence of aberrant cerebral laterality in the processing and production of speech [1]. However, it was not until the advent of neuroimaging techniques that these speculations could be substantiated. Adults stutterers (AS) have demonstrated anomalous cerebral volume, composition and gyrification, which typically favor the right hemisphere [2, 3].

Modern imaging techniques have further documented anomalous patterns of cerebral activation in AS during fluent and disfluent speech production. For example, Fox et al. [4] reported overactivation of the motor system during moments of stuttering with prominent right hemisphere lateralization of the primary and extraprimaries cortices. Braun et al. [5] found that during fluent speech, the left inferior frontal and primary auditory cortices (i.e. areas associated with self-monitoring, comprehension and fluency) were activated in non-stutterers (ANS) but not in AS. Following a period of stuttering treatment, AS were reported to increase activation of the left hemisphere [6, 7].

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Stuttering and Electromyography

Stuttering is often regarded as a corollary of aberrant speech muscle coordination. Electromyography (EMG) studies in stuttering have documented atypical levels of activity and discoordination of the lip musculature in AS. Code [8] compared moments of stuttering in AS to pseudo-stuttering produced by ANS and found larger amplitudes and longer durations of EMG activity during a moment of stuttering than during a pseudo-stutter produced by ANS. Studies have documented discoordination and mis-sequencing of the lip muscles in AS [9]. In addition, AS demonstrate more variability in the duration between voice onset and onset of lower lip movement [10].

EMG and Laterality

One of the most intriguing issues to arise from EMG studies of the general population is the notion of laterality and facial expressions. Mouth asymmetry is directly correlated with the degree of hemisphere participation [11]. The upper facial muscles are bilaterally innervated, while the lower facial muscles are contralaterally innervated, with the largest group associated with the mouth. Laterality of facial expression during speech production is an observable phenomenon, even to the untrained eye, and can be substantiated by EMG. Graves and Potter [12] found a tendency for people (i.e. ANS) to show elevated EMG levels on the right side of the mouth, indicative of left cerebral lateralization for speech.

Present Study

Past stuttering research has revealed differences in cerebral anatomy and neural activation between AS and ANS [3, 13]. These studies indicate that stuttering is associated with anomalous cerebral activity that favors the right hemisphere. Presumably, these laterality differences between AS and ANS are not confined to the brain. Rather, these differences may also be apparent in the neuromuscular pathways subserving speech formulation and production. The present study was designed to examine whether abnormal cerebral control was evident in the lip movements of AS compared to ANS. Assuming ANS show a general tendency towards elevated EMG levels on the right side of the mouth, indicative of left cerebral lateralization for speech, we hypothesized that AS would show an opposite pattern of EMG activation. That is, AS would show elevated levels on the left side of the mouth, indicative of right cerebral lateralization for speech.

Method

Participants

Ten adult males (5 AS, mean age 26 years; 5 ANS, mean age 25 years) participated in the study. The AS participants ranged in stuttering severity from very mild to moderate [14]. All participants were right-handed [15], ranging from 88 to 100%. They were free of neurological and health problems based on personal report.

Equipment and Electrode Placement

The EMG signals were recorded with miniature Au/AuCl disk electrodes placed around the perimeter of the mouth to identify muscle activity associated with the orbicularis oris inferior and orbicularis oris superior muscles. Surface electrodes were placed in pairs in 4 quadrants: (1) left upper lip, (2) right upper lip, (3) left lower lip, and (4) right lower lip. Each pair of bipolar electrodes was placed approximately 1 cm apart, centered within each quadrant, and positioned as close as possible to the vermilion border of the lips parallel to the muscle fiber direction. Electrodes were referenced against the forehead at midline with a ground electrode placed on the right earlobe.

Speech and Non-Speech Samples

Lip muscle activity was examined in 2 fluent single-word production tasks, one oral reading task and one lip pursing task. For each single-word production task, participants named aloud 4 pictures containing either a word-initial /f/ or /p/ phoneme (i.e. fish, four, pig and purse). Each word was produced 5 times for a total of 20 single-word productions (10 /f/ productions and 10 /p/ productions). The oral reading task involved production of the first line of the 'Grandfather Passage' [16], 'you wished to know all about my grandfather'. All sentences were read at a normal reading rate and produced 5 times. For the non-speech task, participants were asked to purse their lips as they would when saying the word 'pool'. This task was completed 20 times for each participant.

Data Collection Procedures

Prior to collection of the speech and non-speech samples, participants were seated in a relaxed position approximately one-half meter from a laptop computer. Instructions were given verbally and also presented on the computer screen. Following an approximately 3-second period of time, 1 of 4 options would appear on the screen: (1) a /p/ picture, (2) an /f/ picture, (3) the 'Grandfather Passage', or (4) a 'lip pursing' symbol. At the completion of each task, participants were instructed to relax their lips and facial muscles. All tasks were presented in randomized order.

Signal Analysis

Lip activity was recorded on EMG bipolar channels with a low pass of 200 Hz and a high pass of 1 Hz with an AD rate of 1,000. For each participant, the average peak EMG amplitude was determined for each task using specially designed software. Reliability for the measurement of peak EMG amplitude was performed on 100% of the data set. Re-measurement accuracy was 100%.

Table 1. Peak EMG values for AS (μV)

	f-Words				p-Words				Sentences				Lip pursing			
	left upper	right upper	left lower	right lower	left upper	right upper	left lower	right lower	left upper	right upper	left lower	right lower	left upper	right upper	left lower	right lower
1	6.7	43.2	11.2	8.2	8.1	38.8	12.7	13.5	16.8	74.8	19.4	9.8	26.6	95.0	19.9	13.5
2	29.3	4.4	27.8	18.5	14.9	5.3	37.4	14.0	25.6	7.0	34.8	24.6	13.8	3.9	32.0	14.4
3	83.5	28.0	297.6	17.1	90.3	51.5	182.0	15.0	137.7	146.5	500.4	28.7	323.4	56.1	847.1	61.6
4	15.0	30.4	39.1	6.9	21.0	109.8	38.0	9.4	21.0	109.8	38.0	9.4	32.0	93.7	76.6	12.8
5	11.0	9.1	20.7	5.2	17.0	11.7	20.7	5.4	20.7	13.4	24.5	7.0	32.3	19.6	37.0	16.1
Mean	29.1	23.0	79.3	11.2	30.2	43.4	58.2	11.5	45.9	68.8	122.7	16.2	85.6	53.7	202.5	23.7
SD	28.2	14.3	109.5	5.5	30.2	37.3	62.7	3.6	46.0	53.0	188.9	8.7	19.0	37.3	322.8	19.0

Table 2. Peak EMG values for ANS (μV)

	f-Words				p-Words				Sentences				Lip pursing			
	left upper	right upper	left lower	right lower	left upper	right upper	left lower	right lower	left upper	right upper	left lower	right lower	left upper	right upper	left lower	right lower
1	4.8	5.6	6.6	21.7	5.5	6.0	13.7	26.2	8.4	7.9	13.5	40.1	5.8	8.9	9.8	30.8
2	209.5	294.6	82.3	484.8	175.9	134.6	64.5	236.6	304.9	302.5	264.2	663.2	132.5	143.9	77.2	674.3
3	6.3	4.6	13.1	101.6	5.8	4.8	9.4	42.9	6.6	6.4	18.3	73.4	11.3	9.2	9.7	55.2
4	6.9	5.1	4.1	7.1	13.4	14.5	11.3	11.2	15.8	6.5	7.4	7.9	13.0	6.5	3.3	5.8
5	10.7	5.7	9.5	40.9	12.3	12.4	10.2	40.0	13.3	101.3	14.6	49.9	28.1	34.0	9.6	100.6
Mean	47.6	63.1	23.1	131.2	42.6	34.5	21.8	71.4	69.8	84.9	63.6	166.9	38.1	40.5	21.9	173.3
SD	80.9	115.7	29.7	179.7	66.7	50.2	83.3	21.3	117.6	114.7	100.3	249.0	47.7	52.6	27.7	252.4

Results

The individual and mean EMG values obtained for each lip location for the speech and non-speech tasks are presented in table 1 for the AS participants and table 2 for the ANS participants. The main aim was to investigate left side versus right side, and there was a clear expectation that the lower lip would be more informative concerning laterality differences than upper lip. For each task, we calculated a within-subject 'difference score' for the EMG measure obtained from the left and right lower lip and evaluated the 2 groups using a Mann-Whitney U statistic. We then made the same analysis for the left and right upper lip. Finally, a Pearson correlation was calculated between all pairs of lips sites for each participant group to determine whether the pattern of EMG activity was similar across the 2 groups.

All 3 speech tasks ($p < 0.001$) and the lip-pursing non-speech task ($p < 0.001$) revealed a significant difference

between the AS and ANS groups in terms of the within-subject EMG difference score for left lower lip quadrant versus the right lower lip quadrant. As shown in figure 1, the AS group showed a greater left-sided (right hemisphere) EMG bias for the lower lip in each condition. By contrast, the ANS group showed the expected right-sided (left hemisphere) bias for the lower lip in each condition. No significant between-group differences were found in EMG laterality measures for the upper lips.

Among the AS group, only 1 correlation (left upper/left lower, min. $r = 0.97$, max. $r = 0.99$; $p < 0.001$) was significant for any speaking task, indicating that when the peak amplitude of left-upper was high, so too was the amplitude of the left-lower site. Analyses among EMG measures for the AS group for the non-speech task revealed 3 comparisons that were correlated (i.e. left upper/left lower, left upper/right lower and left lower/right lower; $r = 0.99$; $p < 0.001$), indicating that when the peak amplitude of one location was high, so too was the amplitude of oth-

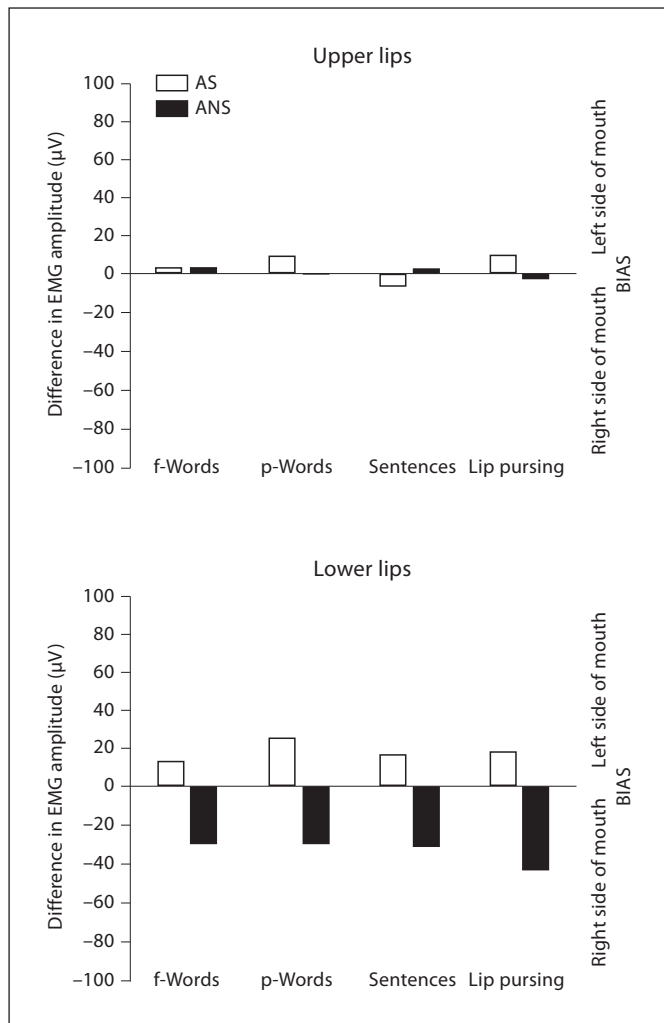


Fig. 1. Group (peak) EMG difference score between the left and right upper and lower lips. Values are medians.

er sites. For the ANS group, all possible lip comparisons were correlated for the speaking and non-speech tasks (min. $r = 0.94$, max. $r = 0.98$; $p < 0.001$).

Discussion

Cerebral Participation and Lip Asymmetry

Despite the small sample size, the pattern of EMG signal observed in the present study provides clear support for the hypothesis of anomalous cerebral laterality in AS. The study also shows the value of EMG as an indication of cerebral participation at the moment of speech production. There were significant differences between the AS

and ANS groups in regard to the peak EMG amplitude between the left and right sides of the lower lip for both speech and non-speech tasks. For both groups, the highest peak EMG activity was found in the lower (but opposite) regions of the mouth. The lowest EMG amplitude was also in direct opposition for AS and ANS. This pattern of lip activity for AS and ANS is in concordance with previous investigations and assumed to be a corollary of differences in cerebral laterality between the 2 groups [12, 17].

The results of the correlation analysis were also suggestive of distinct patterns of EMG activation for each group. Among the ANS group, all combinations of lip pairings of the 4 mouth locations were correlated with one another for both speech and non-speech tasks demonstrating highly coordinated lip muscle activity across all tasks. Interestingly, a similar relationship was not found for the AS group with the exception of the LU-LL sites, which showed correlated EMG activity during speech and non-speech tasks. The poorer correlation for the remaining lip muscle groupings for the AS compared to ANS may indicate reduced performance as a consequence of right cerebral contribution since the right hemisphere is better suited for non-linguistic processing [6].

Other Basis for Lip Asymmetry

Wolf and Goodale [18] posit that lip asymmetry is a consequence of the efficiency of the right lip in initiating movement as a result of direct neural access. The contralateral pathway is functionally stronger than the ipsilateral pathway. The right lip is also anticipated to open slightly larger than the left lip at any given time since it initiates movement sooner than the left lip [19]. In addition, functional muscle asymmetry of the lips may result from asymmetry of muscle strength or development. For example, asymmetry of gait is associated with asymmetry of muscle strength [20]. In most right-handed individuals, the right side of the body is stronger and the right limb initiates movement, while the left limb is responsible for support [21]. Accordingly, lip asymmetry may be associated with asymmetry of facial muscle strength.

Graves and Landis [11] found that right-handed males in the general population showed higher instances of right lip asymmetry than left-handed males. This suggests that lip asymmetry may feature a similar trend to limb asymmetry. The right lip may initiate movement due to greater muscle strength. In light of the present findings, the opposite pattern of lip asymmetry found for AS may indicate greater strength on the left side of the

face and earlier initiation of mouth movement with the left lip. Furthermore, initiation of lip movement may be coupled with the timing of cerebral activation. In several investigations of verbal and non-verbal oral movement in ANS, activation of the left cerebral hemisphere preceded the right [22, 23]. Hence, earlier initiation of right mouth movement may be a consequence of earlier activation of the left cerebral hemisphere. Therefore, the reversed pattern of lip asymmetry in AS may reflect reduced connection between the right lip and left cerebral hemisphere, reduced right facial muscle strength, and/or activation of the right cerebral hemisphere prior to the left.

Conclusion

The finding of the present study supports previous investigations documenting right lip asymmetry in ANS [11, 12], which is generally assumed to be a corollary of the left cerebral specialization for speech execution [19]. In contrast, a left lip bias was found for AS and would appear to suggest that speech motor execution involves right hemisphere activation in this group of speakers.

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